

17. The grace of spiritual marriage



Teresa attempts to share with us her most intimate experience of communion with God in prayer. It has been a long, courageous journey into her centre, made possible only because it has been, from the beginning, a journey of love.

On November 18th 1572, aged 57 (10 years before her death), Teresa experienced herself being taken by Christ as his bride. She writes: ‘He appeared to me in an imaginative vision, very interiorly, and he gave me his right hand and said: “Behold the nail. It is a sign that you will be my bride from today on”’ (*Spiritual Testimonies* No. 31).

At last, fully purified, she was able to receive the fullness of the transforming union of love with Christ.

Teresa first spoke of contemplative union in the [Prayer of Union](#). There the union was fleeting, incomplete and experienced in darkness, though accompanied by the certainty of having been in contact with God.

Later she experienced a deeper union, which she speaks of as [spiritual betrothal](#). In the deepest part of her being she experienced, as it were, a flame of divine love coming directly from God. In the communion of spiritual betrothal Jesus promised to take her as his bride, and she said Yes.

Now, in the grace of **spiritual marriage**, the promise is realised. Now her whole being is drawn into the centre where God dwells. While she is experiencing this pure state of prayer (*Interior Castle*, VII.4.1), she is wrapped in a complete union of will, a complete and constant communion of love, a compenetration of perfect communion. This union is definitive and unbreakable. Her transformation is complete.

This is the union for which we exist and for which we long. Finally, after many years, when everything is pure, there is nothing obstructing the Risen Jesus from pouring into our soul the fullness of the Spirit of love he enjoys with his Father. We can now truly love God with Jesus' heart and so with 'all our heart, mind, soul and strength' (Mark 12:30). Teresa experienced what she calls '**Spiritual Marriage**'. Life went on with all its opportunities and difficulties, but nothing took from her the exhilaration of being who she is: a person enjoying undistracted communion with God.

We know God as God is (1 John 3:2). Once we enjoyed glimpses of the Creator from the beauty of creatures. Now we see creation in the light of our communion with God (see Living Flame 4.5). Creation is now 'a harmonious symphony of sublime music' (Spiritual Canticle Stanzas 14-15, n.11).

This is the life we are made to enjoy, a life that is infinitely more than we could ever have imagined (see Ephesians 3:19-20).

John of the Cross

‘a mutual surrender by total possession in consummated union of love as far as may be in this life’ (*Spiritual Canticle*, 27).

‘The person is dissolved in that transformation wherein, inflamed and changed in love, she was annihilated and undone as to all that which was not love, and left so that she knew nothing except love’ (*Spiritual Canticle*, 17).

John of the Cross

‘When you rid itself totally of whatever does not conform with the divine will, you are transformed in God through love ... There can be no perfect transformation unless there is perfect purity. The enlightenment, illumination and union of the person with God is in proportion to the person’s purity’ (*Ascent*, II.5).

Marie-Eugène *I am a Daughter of the Church*

‘Spiritual marriage comes finally to seal the union and change the promises into a communication of persons in the transformation of love ... Henceforth, in mutual possession, God and the person rejoice in their reciprocal perfect love’ (page 230).

‘Transforming union designates the degree of charity that brings about the perfect union with God which we call spiritual marriage, through the transformation and likeness of love’ (page 567).

‘The person becomes God by participation’ (page 582).

Therese of the Child Jesus and the Holy Face

‘From that day I have been penetrated and surrounded with love. Every moment this merciful Love renews me and purifies me, leaving in me no trace of sins’ (*Story of a Soul*, 8.133).

She is referring to the day on which she composed her Act of Oblation - 9th June, 1895, aged 22, two years before her death.

To speak of the union as perfect is not to say that it is static or that the person has arrived at her goal. In the prayer of spiritual marriage she experiences the first light of a new day. The day itself, however, is for eternity and is experienced in the Beatific Vision.

With the gift of spiritual marriage she is bathed in light, and it is the light of this new day, now beginning. She has been transformed by love, and there is nothing now but love, a love that is now pure. There is nothing that can hinder her growth.

The fire has taken hold.

The water of life is flowing freely between the heart of Jesus and the heart of his beloved. Nothing now can separate her from the love of God in Christ Jesus.

Teresa of Jesus

‘She always remains with her God in the centre of her being. Let us say that the union is like the joining of two wax candles to such an extent that the flame coming from them is but one, or that the wick, the flame, and the wax are all one. But afterward one candle can be easily separated from the other and there are two candles; the same holds for the wick.



In spiritual marriage the union is like what we have when rain falls from the sky into a river. All is water, for the rain that fell from heaven cannot be divided or separated from the water of the river.

Or it is like what we have when a little stream enters the sea. There is no means of separating the two.

Or, like the bright light entering a room through two different windows. Although the streams of light are separate when entering the room, they become one' (*Interior Castle*, VII.2.4).

Marie-Eugène *I am a Daughter of the Church*

‘The love that brings about transforming union can reach greater degrees of perfection and intensity. When we arrive at transforming union, all our natural tendencies and properties are absorbed by love. We are wholly filled with love according to our capacity. But this capacity can ceaselessly be enlarged. Love can go on progressing in new perfection and intensity. In the furnace of the purified transformed person, love continues to kindle divine fires more and more subtle, until it carries us away as its spouse and its conquest into eternal life’ (page 587).

Because purification is complete, aridity and interior disturbances are rare, and the senses, the memory, the imagination, the intellect and the will are, for the most part, stilled. Even when disturbance is experienced, it cannot penetrate into our centre where we enjoy communion with Christ, the Bridegroom (*Interior Castle*, VII.2.10), nor can it drive us away from this communion.

In this state of union, we may experience, like Jesus and with him, a crucifixion, but the peace he gives is a peace that cannot be taken away.

Teresa of Jesus

‘The cross is not wanting but it does not disquiet or make us lose peace. For the storms, like a wave, pass quickly, and the fair weather returns, because the Presence of the Lord whom we experience makes us soon forget everything’ (*Interior Castle*, VII.3.15).

‘There are no interior trials or feelings of dryness, but we live, remembering the Lord with tender love’ (*Interior Castle*, VII.3.8).

Teresa has been made aware, without images, and in a more sublime manner than ever before, of the presence of Jesus, of God whom he knows as his Father, and of the Spirit of love that flows between them (*Interior Castle*, VII.I.6). She has been utterly transformed, capable only of love. The love that the Father has for his Son now flows freely and without reserve into the heart of God's bride, and her response is that of the heart of Jesus himself.

The following statements of Saint Paul can now be said without reservation:

‘For me to live is Christ’ (Philippians 1:21).

‘I determined not to know anything among you except Jesus Christ and him crucified’ (1 Corinthians 2:2).

‘All of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit’ (2 Corinthians 3:18).

‘For his sake I have suffered the loss of all things, and I count them as refuse that I may gain Christ and be found in him’ (Philippians 3:9).

‘May Christ dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God’ (Ephesians 3:17-19).

John of the Cross

John of the Cross speaks of the intimate presence of God's Spirit: 'We call it the breathing of the air, because it is a most delicate touch and feeling of love which habitually in this estate is caused in a person by the communication of the Holy Spirit. Breathing with God's divine breath, the Spirit raises the person most sublimely, and informs her, that she may breathe in God the same breath of love that the Father breathes in the Son and the Son in the Father' (*Spiritual Canticle*, 39.3).

John of the Cross

‘The flame of love is the Spirit of our Bridegroom, which is the Holy Spirit. We feel the Holy Spirit within ourselves not only as a fire that has consumed and transformed us, but as a fire that burns and flares within us. And that flame, every time it flares up, bathes us in glory and refreshes us with the quality of divine life. Such is the activity of the Holy Spirit in the person transformed in love’ (*Living Flame*, I.3).

John of the Cross

‘We shine brightly with the warmth of love ... It is like the air within the flame, enkindled and transformed in the flame, for the flame is nothing but enkindled air. The movements and radiance of the flame are not from the air alone, nor from the fire of which the flame is composed, but from both the air and the fire. It is the fire that causes the air that it has enkindled to produce the movements and the radiance’ (*Living Flame*, 3.9).

John of the Cross

‘We can consequently understand how, with all our faculties, we are illumined within the radiance of God. The movements of these divine flames which are flickering and flaring up are not produced only by us who are transformed in the flames of the Holy Spirit, nor does the Holy Spirit produce them alone, but they are the work of both us and the Holy Spirit ... This activity of the flames are inspired in us by the Holy Spirit’ (*Living Flame*, 3.10).

Teresa experienced the union of spiritual marriage in 1572, ten years after opening the first convent of the reform, and while she was prioress of the Convent of the Incarnation. In the ten years after that experience she was constantly travelling and organizing. She founded another seven convents as well as working for the reform of the friars. Her love impelled her to carry out the will of her Beloved and so continue his mission.

Teresa wanted only what her Spouse wanted and in her case it was that she strive, with all her energy, to renew the Church by establishing places of prayer all over Spain in which women and men would be open in love to God and so call down the fire of God's redeeming and saving love on the Church and the world. She now knew herself as God knows her, and so she could leave care of her soul completely to God, while she attended to God's affairs (*Interior Castle*, VII.3.2). Spiritual marriage made her totally like wax under a seal, completely available for God's will, carried out with all her heart and soul, all her mind and strength.

Teresa of Jesus

‘The reason for prayer, the purpose of this spiritual marriage is always the birth of good works’ (*Interior Castle*, VII.4.6).

‘One is much more occupied than before with everything pertaining to the service of God’ (*Interior Castle*, VII.1.8).

The way in which this sublime grace of spiritual marriage is granted varies from person to person (*Interior Castle*, VII.2.1). Furthermore, God's design for each person is unique.

But for everyone, as for Teresa, this transforming union of love will bind us to Jesus and to his mission, in whatever way he graces us to carry it out. Mindful of the fact that '**the Lord looks not so much at the greatness of what we do, but at the love with which we act**' (*Interior Castle*, VII.4.15), we are all called to experience a deep longing to serve the One who gave himself for us, even on the cross (*Interior Castle*, VII.3.6).

Teresa of Jesus

‘The Lord can do nothing greater for us than grant us a life which is an imitation of that lived by the Beloved Son. I feel certain, therefore, that the favours which God grants are given to us to strengthen our weakness so that we may be able to imitate him in his great sufferings’ (*Interior Castle*, VII.4.4).

‘Let us desire and be occupied in prayer not for the sake of our enjoyment but so as to have the strength to serve’ (*Interior Castle*, VII.4.12).

We are not to ‘**build castles in the air**’ (*Interior Castle*, VII.4.15), but are to love those given to us by providence (*Interior Castle*, VII.4.14).

Teresa of Jesus

‘Do you know when people really become spiritual? It is when they become the slaves of God and are branded with God’s sign, which is the sign of the Cross, in token that they have given God their freedom. Then God can sell them as slaves to the whole world, as Jesus was sold’ (*Interior Castle*, VII.4.8).

John of Ruusbroec *The Sparkling Stone*

‘A person who has been sent down by God from the heights of contemplative prayer into the world is full of truth and rich in all the virtues. He sees nothing of his own but only the glory of the one who sent him. He is accordingly righteous and truthful in all things and has a rich and generous foundation which rests on God’s own richness. He will therefore always flow forth to those who need him, for the living spring of the Holy Spirit is so rich that it can never be drained dry.

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Ruusbroec *The Sparkling Stone*

‘Such a person is a living and willing instrument of God with whom God accomplishes what God wishes in the way God wishes. Such a person does not attribute these accomplishments to himself but gives God the glory. He stands ready and willing to do all God commands and is strong and courageous in suffering and enduring all that God sends him. He therefore leads a common life, for he is equally ready for contemplation of for action and is perfect in both’ (page 184).

This is consistent with the insistence of Saint Dominic that we are to hand on to others what we have experienced in contemplation ('contemplata tradere'), and with Saint Ignatius Loyola who urged those who joined him as Companions of Jesus to be contemplative in action ('in actione contemplativus').

Our main guides to the deeper mysteries of contemplative prayer have been Teresa of Jesus and John of the Cross.

Towards the beginning of these reflections we noted that prayer for Teresa is essentially something very simple. She speaks of it as ‘an exercise of love’ (*Life* 7.12), ‘an intimate sharing between friends ... taking time frequently to be alone with God who we know loves us’ (*Life* 8.5).

‘We are a paradise where the Lord finds his delight’ (*Interior Castle* I. 1.1).

‘In its centre take place very secret exchanges between God and us’ (*Interior Castle* I.1.3).

However, such is our propensity for self-deception and the distracted nature of much of life that we can fail to listen to our deepest longings and we can fail to dare the inner journey of prayer. We thank God for the guidance and encouragement of Teresa and John, remembering Teresa's warning: 'As much as I desire to speak clearly about these matters of prayer, they will be really obscure for one who has not had experience' (*Life*, 10.9).

These two great teachers of prayer have opened up for us the marvels of their own journey of love and they have warned us of the pitfalls.

John Climacus, a seventh century abbot of the monastery on Mount Sinai:

‘You cannot learn to see just because someone tells you to do so. For that you require your own natural power of sight. In the same way, you cannot discover from the teaching of others the beauty of prayer. Prayer has its own special teacher in God, who grants the prayer of the person who prays’ (*The Ladder of Divine Ascent*, Step 28).

It is for each of us to listen to the call of love in our own hearts and, in the company of Jesus our brother and friend, to dare the purifying journey into the embrace of God.

John Climacus

‘Do not hurry to contemplation at the wrong time. Rather, let it come to you, seeking out the beauty of your lowliness, ready to join you for a long time in a spotless marriage’ (*The Ladder of Divine Ascent*, Step 7).